

## Advent at St Anne's and St Elizabeth's Preparing Together for Christmas.

### Finding Ways which will help us to prepare each week.

Each Sunday pray using the *CAFOD prayer Card* - cards can be found in both churches.

Pray, for 5 minutes each evening at 8pm, as we think of our communities, maybe using the following:

*God of light and hope,*

we thank you for giving us these four weeks

to prepare to celebrate the birth of your son.

Look upon us in love and fill us with the spirit of Jesus

that we may love you and serve you in your kingdom.

Protect us during this week

and keep us watchful in prayer

as we await the coming of our Lord Jesus Christ

who is the Light of the World.

Bless our family as we prepare our home and hearts

to welcome Jesus with his message of love and peace.

Amen

### Names in the Prayer Bowl

Choose a bowl, basket, or box that you can set in a central spot in your home. As a family you might place the container on a central table or on a shelf near the front door. If you are doing this by yourself, then place the container somewhere you walk by frequently.

Write names—one name per card—of friends, family, and others you want to pray for during Advent. Every day pick a name and keep that name with you throughout the day, in a pocket or somewhere you'll notice it and be reminded to pray for that person. As a family you could all pray for different people each day or all pray for the same person.



**Advent preparations on-line:** Below are a few suggestions to help make the most of this wonderful season.

[jp.liverpoolcatholic.org.uk](http://jp.liverpoolcatholic.org.uk) to register for any one of 4 Monday evening Zooms starting 30<sup>th</sup> November, with Cardinal Fitzgerald reflecting on *Pope Francis' Encyclical "Fratelli Tutti. Fraternity and Social Friendship"*.

[www.TheVCS.org](http://www.TheVCS.org)

A weekly exhibition of art based on the Scripture for the following Sunday. Includes the reading and a commentary on the art exhibited.

[www.wednesdayword.org](http://www.wednesdayword.org)

Follow the "parish" link for the 3 readings for the next two Sundays. Plus a *Lectio Divina* input and commentary on the readings from Dom Henry Wansbrough OSB. A renowned Benedictine biblical scholar.

"15 minute Rosary"

Type this into search for an array of sites which will pray the Rosary with you. You can decide which day/mysteries you want, or if you want music too.

[www.liverpoolcatholicresources.com/sunday-reflections](http://www.liverpoolcatholicresources.com/sunday-reflections)

Commentary and prayers to guide you through the Responsorial Psalms for the weeks of Advent, and help you make the most of these beautiful prayer songs.

[Go to our web page](#) to read Fr Boniface's "*Homilies from the Hermitage*".

<https://cafod.org.uk/Pray/Advent-calendar> *CAFOD* on-line Advent calendar for daily Reflections and Prayers.

### Follow and join in preparing with the Children's Liturgy Team

- Advent resources will be sent to parents via St Anne's School and St Marys School.
- Children's work will be shown in the Holy Family Chapel.
- The church Christmas tree will be decorated with the children's work.
- A children's Mass will be pre-recorded for viewing on Christmas Eve.